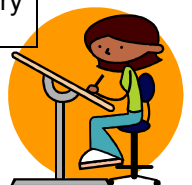
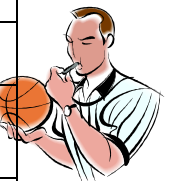
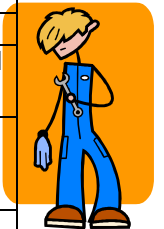




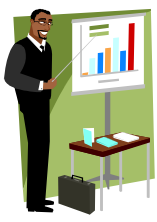
Thinking of a Career? Gain Experience through Volunteerism!

There are volunteer opportunities for almost every career, interest or hobby.

<u>Career Option</u>	<u>Volunteer Opportunities</u>
Accountant, Financial Analyst, Mortgage Broker, or Economist	Board Member – Treasurer Budgeting for an agency event
Actor	Volunteer with a local play or theatre group
Animal Therapy	Assist with preparation of animals at a local farm or animal shelter
Artist	Set design, community poster designs, or painting for local organizations. Organize or assist in an art camp
Assembly Worker or Packager	Package boxes for food bank.
Biologist	Help take care of a garden or maintain plants for a local grower
Broadcast Journalist	Deliver age appropriate presentations to students and staff
Camp Director	Be a counselor at a camp or a leader at your local kids' clubs such as brownies
Chef	Prepare & deliver meals for day cares or seniors or assist with food at a fundraising event Teach or assist in a cooking class
Coach/Trainer	Volunteer with local sports teams as a referee, coach, assistant, or score keeper
Computer Programmer Computer Technician Computer Operator	Update and maintain information on community based services Assist with computer training or set up
Construction Worker	Build houses or other structures for needy families or communities.
Counselor Social Worker	Volunteer at a distress centre or hotline. Assist those in need of facilitation. Volunteer at senior's homes or drop-in centers
Creative Writer	Design flyers for organizations or write about your volunteer experiences for a school volunteer newsletter
Data Entry Work Processing Operator	Enter database information, update systems & maintain records
<u>Career Option</u>	<u>Volunteer Opportunity</u>
Day Care Worker Early Childhood Educator	Assist & support teachers in a day care/nursery setting

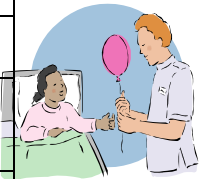


Director Producer	Help run and design plays, dances, or talent shows
Driver – Cabs or Trucks	Volunteer as a driver for an event or as a chaperone
Elementary/Secondary Teacher	Assist teachers in a class setting, volunteer with a teen group mentoring program, or assist in after school programs
Engineer	Help build houses or assist on a board of directors
Entrepreneur	Start a fundraiser, drive, or information day for a local charity
Environmentalist	Park & river clean-ups or tree planting fundraisers Earth Week Volunteer
Fashion Designer	Design costumes for a local event
Film Editor	Communication Assistant – help with script writing, camera operating, editing and reporting
Firefighter	Volunteer with crisis response teams by providing information or hands on work. Provide first aid at a special event
Fitness Coordinator	Start a charity sporting event at your school. Lead group exercise programs
Graphic Designer	Design logos or posters for a charity event; design a newsletter
Group Home Worker	Volunteer with drop-in centres or in group programs
Guidance Counselor	Mentor or Tutor a children in school or through a one-to-one program
Hairdresser	Hair care at a local service agency or seniors centre
Humanitarian	Volunteer with a humanitarian organization
Journalist	Be a committee member – research background, demographic studies, and interpretation
Landscape Architect or Gardener	Assist with plantings and landscape design at an organization
Language Specialist	Work as a bilingual telephone operator or with special needs patients
Lawyer and Paralegal	Assist victims attending court, act as liaison, or at a legal aid clinic
Librarian	Provide assistance in a local library or school library Work with a school or adult literacy program
Maid/Housekeeper	Assist in a senior's residence
Marketing/Event Coordinator	Plan & implement & promote fundraising and special events
Career Option	Volunteer Opportunity
Math Teacher	Assist with tutoring youth or adults
Nurse Doctor	Volunteer at your local hospital or health related charitable organization
Musician / Singer	Lead groups with songs or performances at local senior home or child centres
Nutritionist	Create health meals by assisting with a dietitian
Office Manager or Assistant	Clerical assistance, filing, faxing, and





	photocopying for an organization
Parole Officer	Be a transitional helper for person moving to or from jail
Photographer Cinematographer	Photograph or video tape local events for organization or school
Police Officer, Private Investigator	Volunteer with crisis response teams by providing information or hands on work. Provide first aid at a special event
Public Relations	Help arrange media coverage for an event
Receptionist	Answer phones or emails for a local charity
Researching	Assist in a lab or agency to help with researching projects, data or other information
Retail Salesperson	Assist with sales at a charity fundraiser or auction
Secretary	Record minutes for board meetings
Security Guard	Special event security, parking attendant or event marshal
Service Manager	Begin or host breakfast programs for hungry children Be a server at a local charity event or meeting
Set Designer Light & Sound Technician	Volunteer to help design sets for plays or local/school performances
Special Education Teacher	Volunteer with a special needs organization
Sports Marketing	Volunteer for local leagues or at sporting venues by promoting teams or helping to run events
Stock Clerk, Retail Analyst	Warehouse Assistant – organize, take inventory, & maintain materials in warehouse (ex. food bank or charity drive)
Tour & Travel Guide	Provide tours to new students or for local agencies
Veterinarian	Volunteer at local animal shelters, stable, or vet office
Waiter/Waitress	Assist with serving at a special event
Website Designer	Create and maintain website for an organization
Zoologist	Volunteer at an animal shelter, zoo, or animal rehabilitation centre



Adapted from *Get Connected: A Guide to Planning Your Community Involvement*. Created by The Wercks and United Way of Windsor-Essex County

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