



WHY SHOULD I VOLUNTEER?

The best way to find yourself, is to lose yourself in the service of others. Mahatma Gandhi

There are many advantages to volunteering. It is a great way to become more informed about your community. Here are some other reasons!

Benefits of Volunteering:

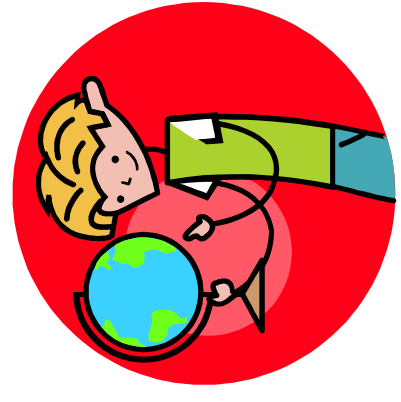
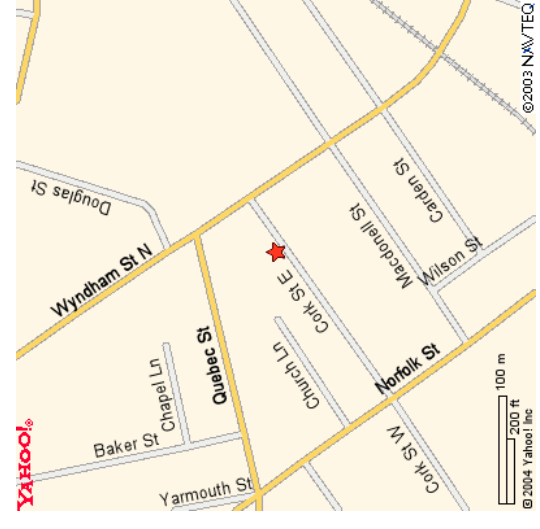
- ☆ Discover career options
- ☆ Build your resume
- ☆ Try new things
- ☆ Receive your high school diploma
- ☆ Gain self-confidence and independence
- ☆ Discover your strengths and talents
- ☆ Meet new people
- ☆ Hands on learning
- ☆ Gain work experience

Ultimately you should volunteer because you want to and because it is something you enjoy.

Choose an organization you are passionate about and your 40 hours can be the start of a lifelong connection and commitment.



Youth Volunteerism



Come visit us at:

46 Cork St East Unit 1
Guelph On n1h 2w8

Call us at:
519-822-0912 or at 1-866-693-3318

Email us at:
info@volunteerguelphwellington.on.ca

Visit us online at:
www.volunteerguelphwellington.on.ca

Join our Facebook group:

Volunteer Centre of Guelph/Wellington

WHAT YOU NEED TO KNOW TO
GET YOU STARTED



WHAT CAN I DO?

Here are some ideas for volunteer placements:

- ☆ One-to-One Volunteering
- ☆ Working with Children
- ☆ Working with Seniors
- ☆ Gardening/Landscaping
- ☆ Environmental Projects
- ☆ Working with Animals
- ☆ Service Clubs
- ☆ Summer/Holiday Camps
- ☆ Sports/Recreation
- ☆ Canvassing/Fundraising
- ☆ Community Events (i.e. fairs, runs, etc.)
- ☆ Arts and Crafts
- ☆ Special Events
- ☆ Food Banks
- ☆ Tutoring/Mentoring
- ☆ Library/Museum/Theatre
- ☆ In School
- ☆ Committee Work
- ☆ Religious Activities
- ☆ Propose Your Own Idea!



Remember to fill out your volunteer hour tracking form and don't forget to submit your hours to your guidance office.



WHERE CAN I GO?

Volunteer Centre of Guelph/Wellington wants to strengthen our community through volunteerism. We have over 100 members from a wide variety of organizations who post opportunities with us. So check them out!

[Ways to use our resources:](#)

1. Come and visit us! We have books with all of our opportunities.
2. Visit us on the web at www.volunteerguelphwellington.on.ca!

To search for student volunteer opportunities:

1. Go to 'I Want to Volunteer' then 'search the database'.
2. Once you reach the database click on '**Student Volunteers**'.
3. Answer a few simple questions to discover opportunities that are suited to your interests!



If you have a question or cannot find an opportunity that is of interest to you please contact the Volunteer Centre at **519-822-0912** or **1-866-693-3318** or info@volunteerguelphwellington.on.ca



ABOUT THE 40 HOURS

All high school students are required to complete 40 hours of community service in order to graduate. You have from the beginning of Grade 9 until the end of Grade 12 to complete them but there is no time like the present! Hours also have to be done **OUTSIDE** normal school hours and not before the start of grade 9.

Many organizations use volunteers such as non-profits, public institutions (such as hospitals) and businesses. Informal settings are also acceptable.

Remember to check with your school's guidance department to make sure that your placement qualifies as requirements can differ from school to school.

There are some areas that are not acceptable for volunteering such as placements that are required for a class (i.e. Co-op); events where the student receives money or gifts; or any placement that could harm the health and safety of the student.

